

Support and Education for Teenagers at the Battered Women's Project

The Battered Women's Project works in Aroostook County area schools and other alternative settings to educate students and individuals or institutions serving youth about domestic violence and healthy relationships. Many presentations are aligned with the “key concepts” and “content areas” mandated for comprehensive school health education.

Services are free of charge. Call the Battered Women's Project for information to either find out about prevention education or to talk with an advocate about dating abuse. We offer different services and are willing to develop services according to requests. Projects support youth empowerment and teens creating their own programs. Our programs include, but are not limited to:

Middle School: “Making the Peace” Program helps students recognize safe choices they can make at home and in their neighborhoods. This program consist of three separate lessons. The first lesson explores anger and how students deal with it. The second lesson explores the word Violence. This helps students understand where it comes from and why it happens. The third lesson is around bullying behaviors. Groups activities and case studies play an intricate part in this learning process.

High School: The “Dating Violence” Program looks at abusive behaviors. There is an emphasis on building healthy relationships and learning respectful communications.

On-Site Advocacy and Group Support: We are willing to go into schools to provide advocacy or group support.

Legal Advocacy: We help with protection orders and other legal problems.

24-Hour Helpline: Whether you have questions about your relationships or if you are looking to help a friend, call 1-800-439-2323.